



Examples of positive and negative language of Mental Health





**A person who has
'schizophrenia'**



**not 'schizophrenic' or
'schizo'**



**A person who has
'experienced psychosis'**



not a 'psycho'



Person with a 'Mental Health issue' or 'condition' or 'illness', 'Mental Health Care User'



not the 'mentally ill', 'lunatics' or 'mad people'



- ✓ **Someone who 'has a diagnosis of,' 'is currently experiencing' or 'is being treated for'**
- ✗ **not a person 'suffering' from, 'sufferer,' 'victim' or 'the afflicted'**



**Mental Health
'conditions'**



**not 'problems,' 'illness'
or 'disorders'**



Died by 'suicide'

**not 'committed
suicide' (it's not a
crime)**





**'Discharged' from
hospital**



**not 'released' (it's not
prison)**



**For more
information about
Mental Health, visit
www.sadag.org**