## IVORY PARK COUNSELLING CONTAINER

For the period January - Mid November 2023

## **Gender:**

Female 65%Male 35%

FACE TO FACE COUNSELLING:



## Age: (18-50+)

- **0-18 (16%)**
- 18-30 (31%)
- 31-40 (26%)
- **41-50 (14%)**
- **50+ (13%)**







## **COMMUNITY MEMBERS REACHED**



- Clinic talks
- Church talks
- Community talks
- Door to door visits

TOTAL REACH

9701

Top Reasons people seek help from the container:



**71%** Relationships



23% Substance Abuse



18% Loss/Grief



17% Depression

Number of Support Group Attendees: 400



Students engaged with at school talks

7132



The South African Depression and Anxiety Group 2023