DIEPSLOOT COUNSELLING CONTAINER

Key Insights from March - May



FACE TO FACE COUNSELLING: 629 NEW PATIENTS

New Patients reached per month:

March: 223 April: 178 May: 228

Gender:

Female

Male 29%

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Top Reasons people seek help from the container:



01 Relationships



02 Stress



03 PSTD/Trauma



04 Substance Abuse



05 Anxiety/Panic

SCHOOL TALKS

2464 students and teachers reached through school outreach workshops



SUPPORT GROUPS

71%



- **5** different Support Groups that meet once a month.
- An average of **9** people attended per session.

COMMUNITY WORKSHOPS AND CLINIC TALKS:

21 Clinic Talks assisting 1499 people

12 Talks at, NGO's, Police and Chruches assisting **1979** people



The South African Depression and Anxiety Group 2023