## IVORY PARK COUNSELLING CONTAINER

Key Insights from March - May

**FACE TO FACE COUNSELLING: 461** NEW PATIENTS

New Patients reached per month:

March: 143April: 151May: 167

#### Gender:

- **Female**
- Male
- 33%





## **COMMUNITY WORKSHOPS AND CLINIC TALKS:**

**27** Clinic Talks assisting

1766 people

6 Talks at, NGO'S, **Police and Churches** assisting 191 people



Top Reasons people seek help from the container:



**01** Relationships



Substance



03 Depression



04 Loss/Grief



Poverty/ 05 **Unemployment** 

# UPPORT GRO



#### **SCHOOL TALKS**

3231 students and teachers reached through school outreach workshops

- **2** different Support Groups that meet twice a month.
- An average of **7** people attended per session.



The South African Depression and Anxiety Group 2023