

The Mylan & SADAG Patient Support Programme

Partnering with you to support your programme

Dear Patient

Your doctor visits and taking your medication as prescribed, is crucial for a positive result on managing of or recovery from your mental health condition. Being well informed about your mental health condition reduces the stigma associated and can help you to cope better. Additional support structures are also essential during recovery and in particular for those who find it difficult to adjust to their illness.

Mylan Pharmaceuticals together with the **South African Depression and Anxiety Group (SADAG)** would like to partner with you on your road to recovery. We understand that starting and continuing with medication and treatment may be new to you, and can be a difficult time in your life. The **Mylan & SADAG Patient Support Programme** aims to help you through the process by offering a support service to all those who join the programme.

The following services will be offered to you as part of the programme:

- ▶ weekly phone calls
- ▶ free telephonic counselling, seven days a week
- ▶ reminder SMS messages of when to take your medication
- ▶ brochures and information
- ▶ SMS messages eg: available workshops for patient attendance
- ▶ support groups
- ▶ press notifications
- ▶ online website with information
- ▶ monthly newsletters

We look forward to partnering with you on your road to recovery

The Mylan & SADAG Support Team



If you would like any further information please contact the toll-free number:

0800 41 42 43

